



Baseball Drills Library

T-Ball Drills - <https://www.youtube.com/watch?v=BQW1NXp0BZ8>

Infield / Outfield Drills

Circle the Ball (right left) - <https://protips.dickssportinggoods.com/sports-and-activities/softball/softball-infielder-tips-manage-footwork>

Finish Your Throw Drill - <https://protips.dickssportinggoods.com/sports-and-activities/baseball/baseball-infielder-tips-finish-play-get>

Slow Ground Ball (pick up on left, throw off right) - <https://protips.dickssportinggoods.com/sports-and-activities/baseball/baseball-infielder-tips-fielding-slow-ground-ball-glove>

Bucket Drill - <https://protips.dickssportinggoods.com/sports-and-activities/softball/softball-drills-shuffle-drop-drill>

4 Corners - Change of Direction - <https://protips.dickssportinggoods.com/sports-and-activities/softball/softball-drills-improve-change-direction>

1234 Drill - <https://www.youtube.com/watch?v=gpCN-9eFfzg&feature=youtu.be>

Catch Rundown Drill - <https://www.youtube.com/watch?v=6xcWlbpQNfi&feature=youtu.be>

Circling the Ball - <https://www.youtube.com/watch?v=2H535c6Hfic&feature=youtu.be>

Progression to Transfer - <https://www.youtube.com/watch?v=yxg3lh47ul4&feature=youtu.be>

Fielding Shuffle Drill - <https://www.youtube.com/watch?v=DLa81NwoHwQ&feature=youtu.be>

Rapid Fire: <https://www.youtube.com/watch?v=FydoYaS9yRc&feature=youtu.be>

Slow Roller: <https://www.youtube.com/watch?v=-NNZ8rDRGd0>

Back and Charge: <https://www.youtube.com/watch?v=LepztgTSWUk&feature=youtu.be>

Four Corners Drill - <https://www.youtube.com/watch?v=jN43YMQ5gB0&feature=youtu.be>

1-6-3 Double Play - <https://www.youtube.com/watch?v=p4lXcj7aes&feature=youtu.be>

Safety Catch - <https://www.youtube.com/watch?v=fkOD77qHSI4>

Relay - <https://www.youtube.com/watch?v=2zchBoMxFj4&feature=youtu.be>

Fielding Bunts @ 3B - <https://www.youtube.com/watch?v=FXgDc1HL50s&feature=youtu.be>

Pivot @ 2B - <https://www.youtube.com/watch?v=-auSYZ3X1zQ&feature=youtu.be>

Barry Larkin Drill - <https://www.youtube.com/watch?v=ncQ9K4bb0sY&feature=youtu.be>

Walking Hitting Drill - <https://www.youtube.com/watch?v=ncQ9K4bb0sY&feature=youtu.be>

Two Balls Drill - <https://www.youtube.com/watch?v=pOu6Rfnf8og&feature=youtu.be>

Top 10 infield drills - <https://youtu.be/bda0sQy7Olc>

Shuffle Drop Drill - <https://protips.dickssportinggoods.com/sports-and-activities/baseball/baseball-drills-shuffle-drop-drill>

Infield Shuffle Drill - <https://protips.dickssportinggoods.com/sports-and-activities/baseball/baseball-fielding-drills-the-infield-shuffle-drill>

The Star Drill - <https://protips.dickssportinggoods.com/sports-and-activities/baseball/baseball-drills-101-the-star-drill>

Billy Ripken Three Pylon Momentum Drill - <https://www.youtube.com/watch?v=u9txBL8QOaE>

Ground Ball Work - <https://youtu.be/XDwFdR4gluQ>

Tag Drill - <https://www.youtube.com/watch?v=4WBsPN7F7gc>

Underhand Flip - <https://www.youtube.com/watch?v=btgegr80MD4>

Backhand drills - <https://www.youtube.com/watch?v=e5u9L6naPw0>

Four Corner Flip Drills - <https://www.youtube.com/watch?v=mpoWzNSzMZo>

Double Play Work - https://www.youtube.com/watch?v=Fl_vcqwkpmpo

Catcher's Drills

The Barehand Receiving Drill - <https://protips.dickssportinggoods.com/sports-and-activities/baseball/baseball-catching-skills-the-barehand-receiving-drill>

Line Footwork Drill - <https://protips.dickssportinggoods.com/sports-and-activities/baseball/baseball-catching-skills-the-line-footwork-drill>

The Barehand Rapid-Fire Drill - <https://protips.dickssportinggoods.com/sports-and-activities/baseball/baseball-catching-skills-the-barehand-rapid-fire-drill>

Vanderbilt Catchers Drills - <https://www.youtube.com/watch?v=nhpnDPFbGyQ>

Hitting Drills

<https://youtu.be/SkLvrOJQQHc>

Lower Half Drill - <https://protips.dickssportinggoods.com/sports-and-activities/baseball/baseball-batting-tips-control-lower-half-backside-body>

Pitching Drills

Comeback to the Pitcher - <https://www.youtube.com/watch?v=Sh2hYptNy10&feature=youtu.be>

Pitching Pause and Balance Drill (4 positions) - <https://protips.dickssportinggoods.com/sports-and-activities/baseball/baseball-pitching-drills-pause-and-balance>