

# 2024 House League Program

### Season At a Glance

May 13-16: Week 1 Spring Baseball Training Academy

May 20-23: Week 2 Spring Baseball Training Academy

May 27-30: First Week of Team Practices

Sunday, June 2: Opening Day (Photo Day) – all divisions

June 3 - August 22: Regular Season

August 26-29: REST WEEK/HOLIDAY (no baseball)

**Sept. 3-12:** Playoffs (9U to 15U/18U)

September 15: Championship Day



# 5U (T-Ball)

• **Ages:** 4-5

• Birth Years: 2019-2020

• Date/Time: Monday, 6:30pm

• **Duration**: 1 hour

• **Frequency:** 1x per week

Approximate # of Players per Team: 10

• Season: June 3 - August 15 (no playoffs)

• Championship Day: September 15



- Emphasis on teamwork, fair play, sportsmanship, having fun and learning how to play the game!
- Players learn the basic skills of throwing, hitting, and fielding
- Kids hit off a tee
- All children participate and learn how to play various positions
- No scores or standings are kept
- Uniforms provided: hat, jersey (drifit), pants
- Equipment needed: glove, helmet with face shield, jock/jill (optional), baseball bat (optional), baseball cleats (optional)
- Parents are encouraged to become actively involved with overall team duties

• **Ages:** 6-7

• Birth Years: 2017-2018

• **Date/Time:** Thursday, 6:30pm

• **Duration:** 1 hour

• **Frequency:** 1x per week

Approximate # of Players per Team: 11

• **Season:** June 3 - August 15 (no playoffs)

• Championship Day: September 15



- Emphasis on teamwork, fair play, sportsmanship, having fun and learning how to play the game!
- Players continue to learn the basic skills of throwing, hitting, fielding and rules
- Elements of team play, combined with individual skill development, introduced
- Kids are pitched to (underhand) by coach (no hitting tee)
- All children participate and learn how to play various positions
- No scores or standings are kept
- Uniforms provided: hat, jersey (drifit), pants
- Equipment needed: glove, helmet with face shield, jock/jill (optional), baseball bat (optional), baseball cleats (optional)
- Parents are encouraged to become actively involved with overall team duties



• **Ages**: 8-9

Birth Years: 2015-2016

• **Date/Time:** Tuesday & Wednesday, 6:30pm (6pm starting August 1)

• **Duration / # of Innings:** 1 hour practice / 1.5 hours game

• Frequency: 2x per week (1 practice, 1 game) after Opening Day

Approximate # of Players per Team: 12

 Key Rules: 11 fielders, 5 pitches (unless foul), no advancing on overthrows, no leadoffs/no stealing

• Season: June 3 - August 22

Playoffs: Sept. 3 - September 12

Championship Day: September 15

- Emphasis on teamwork, fair play, sportsmanship, having fun and learning how to play the game!
- Each team led by 2-3 co-coaches, who set the game lineups and run the practices
- All kids take turns playing the different positions, and bat equally in each game.
- Kids hit off a pitching machine
- Practice and games are on two different days, allowing for more practice and longer games
- Scores and standings are kept all teams will qualify for playoffs at the end of the season
- Uniforms provided: hat, jersey (drifit), pants
- Equipment needed: glove, helmet with chin strap (face shield recommended), jock/jill (highly recommended), baseball bat (optional), baseball cleats (optional)
- Parents are encouraged to become actively involved with overall team duties



• Ages: 10-11

Birth Years: 2013-2014

 Date/Time: Monday & Wednesday, 6:30pm (6pm starting August 1)

• **Duration / # of Innings:** 1.5 hours or 7 innings

 Frequency: 2x per week (1 practice, 1 game) after Opening Day

Approximate # of Players per Team: 11

 Key Rules: 10 fielders, no leadoffs/no stealing, from May to July, will pitch to own team, no walks

• Season: June 3 - August 22

Playoffs: Sept. 3 - September 12

Championship Day: September 15

- Emphasis on teamwork, fair play, sportsmanship, having fun and learning how to play the game!
- Each team led by 2-3 co-coaches, who set the game lineups and run the practices
- All kids take turns playing the different positions, and bat equally in each game
- Live pitching is introduced; kids learn how to pitch
- Practice and games are on two different days, allowing for more practice and longer games
- Scores and standings are kept all teams will qualify for playoffs at the end of the season
- Uniforms provided: hat, jersey (drifit), pants
- Equipment needed: glove, helmet with chin strap (face shield recommended), jock/jill (highly recommended), baseball bat (optional), baseball cleats (optional)
- Parents are encouraged to become actively involved with overall team duties

• **Ages:** 12-13

• Birth Years: 2011-2012

• **Date/Time:** Tuesday & Thursday, 6:30pm (6pm starting August 1)

• **Duration / # of Innings:** 1.5 hours or 7 innings

• Frequency: 2x per week (1 practice, 1 game) after Opening Day

Approximate # of Players per Team: 11

• Season: June 3 - August 22

• Playoffs: Sept. 3 - September 12

• Championship Day: September 15



- Emphasis on teamwork, fair play, sportsmanship, having fun and greater enjoyment of baseball
- Each team led by 2-3 co-coaches, who set the game lineups and run the practices
- All kids take turns playing the different positions, and bat equally in each game.
- Practice and games are on two different days, allowing for more practice and longer games
- Scores and standings are kept all teams will qualify for playoffs at the end of the season
- Uniforms provided: hat, jersey (drifit), pants
- Equipment needed: glove, helmet with chin strap (face shield recommended), jock/jill (highly recommended), baseball bat (optional), baseball cleats (optional)
- Parents are encouraged to become actively involved with overall team duties

## 15U/18U Division



• Ages: 14-18

• Birth Years: 2006-2010

• Date/Time: Tuesday & Thursday, 8:30pm

• **Duration / # of Innings:** 2 hours or 9 innings

• Frequency: 2x per week (1 practice, 1 game) after Opening Day

Approximate # of Players per Team: 12

• Season: June 3 - August 22

• Playoffs: Sept. 3 - September 12

• Championship Day: September 15

- Emphasis on teamwork, fair play, sportsmanship, having fun and greater enjoyment of baseball
- Each team led by 2-3 co-coaches, who set the game lineups and run the practices
- All kids take turns playing the different positions, and bat equally in each game.
- Practice and games are on two different days, allowing for more practice and longer games
- Scores and standings are kept all teams will qualify for playoffs at the end of the season
- Uniforms provided: hat, jersey (drifit), pants
- Equipment needed: glove, helmet (face shield recommended), jock/jill (highly recommended), baseball bat (optional), baseball cleats (optional)
- Parents are encouraged to become actively involved with overall team duties