



2023 House League Program

As of May 9, 2023 / Subject to Change



Season At a Glance

May 15-22: 2-week Spring Training
(Baseball Training Academy)

May 29: First Week of Team Practices

Sunday, June 4: Opening Day (Photo Day)

June 5 - August 17: Regular Season

August 21-31: Playoffs (Certain Divisions)

September 5-8: Championship Week

5U (T-Ball)

- **Ages:** 4-5
- **Birth Years:** 2018-2019
- **Date/Time:** Monday, 6:30pm
- **Duration:** 1 hour
- **Frequency:** 1x per week
- **Approximate # of Players per Team:** 10
- **Season:** June 5 - August 31 (no playoffs)



Division Facts

- Emphasis on teamwork, fair play, sportsmanship, having fun and learning how to play the game!
- Players learn the basic skills of throwing, hitting, and fielding
- Kids hit off a tee
- All children participate and learn how to play various positions
- No scores or standings are kept
- Uniforms provided: hat, jersey, pants
- Equipment needed: glove, helmet with face shield, jock/jill, baseball bat (optional), baseball cleats (optional)
- Parents are encouraged to become actively involved with overall team duties

7U Division



- **Ages:** 6-7
- **Birth Years:** 2016-2017
- **Date/Time:** Thursday, 6:30pm
- **Duration:** 1 hour
- **Frequency:** 1x per week
- **Approximate # of Players per Team:** 11
- **Season:** June 5 - August 31 (no playoffs)

Division Facts

- Emphasis on teamwork, fair play, sportsmanship, having fun and learning how to play the game!
- Players continue to learn the basic skills of throwing, hitting, fielding and rules
- Elements of team play, combined with individual skill development, introduced
- Kids are pitched to (underhand) by coach (no hitting tee)
- All children participate and learn how to play various positions
- No scores or standings are kept
- Uniforms provided: hat, jersey, pants
- Equipment needed: glove, helmet with face shield, jock/jill, baseball bat (optional), baseball cleats (optional)
- Parents are encouraged to become actively involved with overall team duties

9U Division



- **Ages:** 8-9
- **Birth Years:** 2014-2015
- **Date/Time:** Tuesday & Wednesday, 6:30pm
- **Duration / # of Innings:** 1 hour practice / 1.5 hours game
- **Frequency:** 2x per week (1 practice, 1 game) after Opening Day
- **Approximate # of Players per Team:** 12
- **Key Rules:** 11 fielders, 5 pitches (unless foul), no advancing on overthrows, no leadoffs/no stealing
- **Season:** June 5 - August 17
- **Playoffs:** August 21-31
- **Championship Week:** September 5-7

Division Facts

- Emphasis on teamwork, fair play, sportsmanship, having fun and learning how to play the game!
- Each team led by 2-3 co-coaches, who set the game lineups and run the practices
- All kids take turns playing the different positions, and bat equally in each game.
- Kids hit off a pitching machine
- Practice and games are on two different days, allowing for more practice and longer games
- Scores and standings are kept - all teams will qualify for playoffs at the end of the season
- Uniforms provided: hat, jersey, pants
- Equipment needed: glove, helmet with face shield, jock/jill, baseball bat (optional), baseball cleats (optional)
- Parents are encouraged to become actively involved with overall team duties

11U Division



Division Facts

- **Ages:** 10-11
- **Birth Years:** 2012-2013
- **Date/Time:** Monday & Wednesday, 6:30pm
- **Duration / # of Innings:** 1.5 hours or 7 innings
- **Frequency:** 2x per week (1 practice, 1 game) after Opening Day
- **Approximate # of Players per Team:** 11
- **Key Rules:** 10 fielders, no leadoffs/no stealing, from May to July, will pitch to own team, no walks
- **Season:** June 5 - August 17
- **Playoffs:** August 21-31
- **Championship Week:** September 5-7

- Emphasis on teamwork, fair play, sportsmanship, having fun and learning how to play the game!
- Each team led by 2-3 co-coaches, who set the game lineups and run the practices
- All kids take turns playing the different positions, and bat equally in each game
- Live pitching is introduced; kids learn how to pitch
- Practice and games are on two different days, allowing for more practice and longer games
- Scores and standings are kept - all teams will qualify for playoffs at the end of the season
- Uniforms provided: hat, jersey, belt, pants
- Equipment needed: glove, helmet with face shield, jock/jill, baseball bat (optional), baseball cleats (optional)
- Parents are encouraged to become actively involved with overall team duties

13U Division



- **Ages:** 12-13
- **Birth Years:** 2010-2011
- **Date/Time:** Tuesday & Thursday, 6:30pm
- **Duration / # of Innings:** 1.5 hours or 7 innings
- **Frequency:** 2x per week (1 practice, 1 game) after Opening Day
- **Approximate # of Players per Team:** 11
- **Season:** June 5 - August 17
- **Playoffs:** August 21-31
- **Championship Week:** September 5-7

Division Facts

- Emphasis on teamwork, fair play, sportsmanship, having fun and greater enjoyment of baseball
- Each team led by 2-3 co-coaches, who set the game lineups and run the practices
- All kids take turns playing the different positions, and bat equally in each game.
- Practice and games are on two different days, allowing for more practice and longer games
- Scores and standings are kept - all teams will qualify for playoffs at the end of the season
- Uniforms provided: hat, jersey, belt, pants
- Equipment needed: glove, helmet with chin strap or chin guard, jock/jill, baseball bat (optional), baseball cleats (optional)
- Parents are encouraged to become actively involved with overall team duties

15U/18U Division



- **Ages:** 14-18
- **Birth Years:** 2005-2009
- **Date/Time:** Tuesday & Thursday, 8:30pm
- **Duration / # of Innings:** 2 hours or 9 innings
- **Frequency:** 2x per week (1 practice, 1 game) after Opening Day
- **Approximate # of Players per Team:** 12
- **Season:** June 5 - August 17
- **Playoffs:** August 21-31
- **Championship Week:** September 5-7

Division Facts

- Emphasis on teamwork, fair play, sportsmanship, having fun and greater enjoyment of baseball
- Each team led by 2-3 co-coaches, who set the game lineups and run the practices
- All kids take turns playing the different positions, and bat equally in each game.
- Practice and games are on two different days, allowing for more practice and longer games
- Scores and standings are kept - all teams will qualify for playoffs at the end of the season
- Uniforms provided: hat, jersey, pants
- Equipment needed: glove, helmet with chin strap or chin guard, jock/jill, baseball bat (optional), baseball cleats (optional)
- Parents are encouraged to become actively involved with overall team duties